

TITLE

Health and Safety Procedures in the workplace – Construction Site

COURSE OVERVIEW

The following training sessions are designed to inform trainees to recognize hazards in the workplace and how to deal with them. The training sessions have been divided into two categories according to the nature of the work and its hazardousness.

COURSE DURATION

3 hours

DELIVERY FORMAT

Classroom

LOCATION

Classroom: 188 Syngrou Andrea Avenue, 17671 Kallithea Attica & e-class platform

COURSE OUTCOME

You will receive an Arkias Academy Certificate.

COURSE CONTENT

Construction site

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|---|---|
| - Safe driving | Safe driving instructions |
| - Electrical hazard | What are the dangers of electricity - What to watch out for |
| - Access - Trips and falls | Safe movement around the site |
| - Emergencies - Fire safety | Fire and prevention, earthquake, attacks |
| - Working at height - Lifting platforms | What are the risks involved? - What to watch out for |
| - Biological and physical factors | Biological agents, Covid – Workplace conditions |
| Weather conditions | |
| - Occupational stress | What to do |

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|---------------------------------------|---|
| - First aid | Brief identification and how to deal with injuries animal bites |
| - Project Machinery | Moving around in areas with M.E
Movement in areas where lifting operations are carried out |
| - Use of tools (hand and power) | Indicated way of using tools |
| - Personal Protective Equipment (PPE) | What to look out for
Purpose and method of use |